



## Autumn: Relationships

## Spring: Living in the Wider World

## Summer: Health and Wellbeing

### Autumn 1

### Autumn 2

### Spring 1

### Spring 2

### Summer 1

### Summer 2

Year 1

**Class charter Families and Friendships** - roles of different people, families feeling cared for.  
**Respecting self and others** - how behaviour affects others, being polite and respectful.  
**No Outsiders** - Want to play trucks?

**Safe Relationships** - recognising privacy, staying safe, seeking permission.  
**No Outsiders** - Errol's Garden

**Belonging to a Community** - what rules are, caring for others, looking after the environment.  
**No Outsiders** - Going to the Volcano

**Money and Work** - strengths and interests, jobs in the community.  
**No Outsiders** - My World, Your World

**Physical Health and Wellbeing** - keeping healthy, food and exercise, hygiene, sun safety.  
**No Outsiders** - Elmer

**Growing and Changing** - what makes us unique and special, feelings, managing when things go wrong.  
**No Outsiders** - It's a Family Affair

Year 2

**Class charter Families and Friendships** - making friends, feeling lonely and getting help.  
**Safe Relationships** - managing secrets, resisting pressure, getting help, recognising hurtful behaviour.

**Respecting ourselves and others** - how behaviour affects others, recognising things in common and differences, playing and working cooperatively, sharing opinions.  
**No Outsiders** - Amazing!

**Belonging to a Community** - belonging to a group, roles and responsibilities, being the same and different in a community.  
**No Outsiders** - Great Big Book of Families

**Money and Work** - what money is, needs and wants, looking after money.  
**Physical Health and Mental Wellbeing** - managing feelings and asking for help.  
**No Outsiders** - How to be a Lion

**Physical Health and Mental Wellbeing continued** - why sleep is important, medicines and keeping healthy, keeping teeth healthy.  
**No Outsiders** - All are Welcome

**Keeping Safe** - safety in different environments, risk and safety at home, emergencies.  
**Growing and Changing** - growing older, naming body parts, moving class or year.

	<b>No Outsiders</b> - Can I join your club?					<b>No Outsiders</b> - What the Jackdaw saw
Year 3	<p><b>Class charter Families and Friendships</b> - what makes a family, features of family life.</p> <p><b>No Outsiders</b> - Huey's New Jumper</p>	<p><b>Respecting Ourselves and Others</b> - recognising respectful behaviour, the importance of self-respect, courtesy and being polite.</p> <p><b>No Outsiders</b> - The Truth about Old People</p>	<p><b>Belonging to a Community</b> - the value of rules and laws, rights, freedoms and responsibilities.</p> <p><b>No Outsiders</b> - Beegu</p>	<p><b>Money and Work</b> - different jobs and skills, job stereotypes, setting personal goals.</p> <p><b>No Outsiders</b> - Our House</p>	<p><b>Physical Health and Mental Wellbeing</b> - health choices and habits, what affects feelings, expressing feelings.</p> <p><b>Growing and Changing</b> - personal strengths and achievements, managing and reframing setbacks.</p>	<p><b>Keeping Safe</b> - risks and hazards, safety in the local environment and unfamiliar places.</p> <p><b>No Outsiders</b> - We're all wonders.</p>
Year 4	<p><b>Class charter Families and Friendships</b> - positive friendships.</p> <p><b>Safe relationships</b> - responding to hurtful behaviour, managing peer pressure</p> <p><b>No Outsiders</b> - Along came a Different</p>	<p><b>Respecting Ourselves and Others</b> - respecting differences and similarities, discussing differences sensitively.</p> <p><b>No Outsiders</b> - Julian is a Mermaid.</p>	<p><b>Belonging to a Community</b> - what makes a community, shared responsibilities.</p> <p><b>No Outsiders</b> - Aalfred and Aalbert</p>	<p><b>Money and Work</b> - making decisions about money, using and keeping money safe.</p> <p><b>No Outsiders</b> - Dogs Don't do Ballet</p>	<p><b>Physical Health and Wellbeing</b> - maintaining a balanced lifestyle, oral hygiene and dental care.</p> <p><b>Keeping Safe</b> - medicine and household products, drugs common in everyday life.</p> <p><b>No Outsiders</b> - Red, a Crayon's story.</p>	<p><b>Growing and Changing</b> - physical and emotional changes in puberty, external genitalia, personal hygiene, support with puberty.</p> <p><b>No Outsiders</b> - When Sadness comes to Call</p>

<p>Year 5</p>	<p><b>Class charter Families and Friendships</b> - managing friendships and peer influences.</p> <p><b>Safe relationships</b> - physical contact and feeling safe.</p> <p><b>No Outsiders</b> - Kenny lives with Erica and Martha.</p>	<p><b>Respecting Ourselves and Others</b> - responding respectfully to a wide range of people, recognising prejudice and discrimination.</p> <p><b>No Outsiders</b> - Mixed</p>	<p><b>Belonging to a Community</b> - protecting the environment, compassion towards others.</p> <p><b>No Outsiders</b> - How to Heal a Broken Wing</p>	<p><b>Money and Work</b> - identifying job interests and aspirations, what influences career choices, work place stereotypes.</p> <p><b>No Outsiders</b> - Tango Makes Three</p>	<p><b>Physical Health and Mental Wellbeing</b> - healthy sleep habits, sun safety, medicines, vaccinations, immunisations and allergies.</p> <p><b>Growing and Changing</b> - personal identity, recognising individuality and different qualities, mental wellbeing.</p> <p><b>No Outsiders</b> - The Girls</p>	<p><b>Keeping Safe</b> - First Aid</p> <p><b>No Outsiders</b> - Rose Blanche (1 lesson)</p>
<p>Year 6</p>	<p><b>Class charter Families and Friendships</b> - attraction to others, romantic relationships, civil partnership and marriage.</p> <p><b>No Outsiders</b> - Leaf</p>	<p><b>Safe Relationships</b> - recognising and managing pressure, consent in different situations.</p> <p><b>Respecting Ourselves and Others</b> - expressing opinions, respecting other points of view, discussing topical issues.</p> <p><b>No Outsiders</b> - Introducing Teddy.</p>	<p><b>Belonging to a Community</b> - valuing diversity, challenging discrimination and stereotypes.</p> <p><b>No Outsiders</b> - King of the Sky</p>	<p><b>Money and Work</b> - influences and attitudes to money, money and financial risk.</p> <p><b>No Outsiders</b> - The Only Way is Badger.</p>	<p><b>Physical Health and Mental Wellbeing</b> - what affects mental health and ways to take care of it, managing change, loss and bereavement.</p> <p><b>Keeping Safe</b> - keeping personal information safe, regulations and choices, drug use and the law, drug use and the media.</p> <p><b>No Outsiders</b> - The Island.</p>	<p><b>Growing and Changing</b> - human reproduction and birth, increasing independence, managing transition.</p> <p><b>No Outsiders</b> - A Day in the Life of Marlon Bundt.</p>