



WEEK 3

STEP 1

Choose from...

Main

Vegetarian

Combo



STEP 2

...and to finish!



Bread and Salad will be available at Lunch Times

MONDAY

Margherita Pizza

to go with
Herby Diced Potatoes,
Tomato Rocket & Onion
Salad

Spicy Singapore Noodles

to go with
Broccoli, Mixed Salad

Jacket Potato

to go with
Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Sandwich - combo

with choice of fillings
Ham, Grated Cheese, Tuna
Mayo

Peaches and Ice-Cream

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

TUESDAY

Sweet Sticky Turkey Fajitas

to go with
Herby Rice, Corn on the Cob

Vegetable Pasta Bake
Creamy Tomato Sauce &
Melted Cheese

to go with
Wholemeal Garlic Bread,
Broccoli

Jacket Potato

to go with
Mixed Salad
with choice of fillings
Pasta King - Chicken Tikka, Baked Beans, Grated
Cheese, Tuna Mayo

Sandwich - combo

with choice of fillings
Ham, Grated Cheese, Tuna
Mayo

Apple Crumble

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

WEDNESDAY

Roast Chicken

to go with
Yorkshire Pudding, Carrots,
Cauliflower, Roast Potatoes,
Sweetcorn

Cottage less Pie

to go with
Yorkshire Pudding, Carrots,
Roast Potatoes, Sweetcorn

Jacket Potato

to go with
Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Sandwich - combo

with choice of fillings
Ham, Grated Cheese, Tuna
Mayo

Chocolate Crunch

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

THURSDAY

Mexican Beef Lasagne

to go with
Wholegrain Rice, Peas,
Sweetcorn

Chilli None Carne & Nachos

to go with
Wholegrain Rice, Peas,
Sweetcorn

Jacket Potato

to go with
Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Sandwich - combo

with choice of fillings
Ham, Grated Cheese, Tuna
Mayo

Orange & Mango Ice Smoothie

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly

FRIDAY

Southern Fried Chicken Goujons

to go with
Baked Beans, Chips, Peas

Falafel & Spinach Burger

to go with
Baked Beans, Chips, Peas

Jacket Potato

to go with
Mixed Salad
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo

Sandwich - combo

with choice of fillings
Ham, Grated Cheese, Tuna
Mayo

Carrot Cake

Fresh Fruit Pot,
Homemade Yoghurts,
Cheese and Biscuits, Jelly